

CV for the position of Regional Chairman

Name:	Ben Murphy
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How I became involved in gymnastics

- Started gymnastics at the age of 5, and retired at the age of 17 (12 years)
- Trained and competed as a Men's Artistic Gymnast for Crofton, Ladywell and Sutton School of Gymnastics
- Coached and judged at Sutton SoG, becoming one of the youngest National Judges at the time. Moved from Sutton, to coach at Europa for a number of years
- Involved in the administrative side of Gymnastics, firstly taking over as Chairman of Sutton SoG
- Took over as youngest ever Chairman of a London Technical Committee (MTC)
- After stepping away from coaching and judging, events became my passion as I went onto transform the London Men's Open.
- Latterly I served as National MTC Competition Organiser for three years
- Field of Play Manager for 2009 World Artistic Championships
- Competition Director for Artistic Disciplines of the London 2012 Olympic Games
- More recently, I have been helping to drive change in London Gymnastics in my role as Vice Chairman
- Have a (soon to be) 5 year old daughter who is starting out in Gymnastics, Trampoline, Ballet and Dance
- A Fiancée who is a Teacher, but was herself a gymnast, coach and judge and enjoys the sport

Current involvement with a club and/or London Gymnastics

- I am not currently associated with any given club, although I have previously been Coach and Chairman of Sutton School of Gymnastics, and a coach at Europa GC
- I still have a strong connection with Europa through my friends and Mentors Len & Yvonne Arnold
- I have previously stood as MTC Chairman for a period of 5+ years
- Member of the JTC & Management Committee for over 15 years as a TC Chairman, Marketing & Communications Officer, Vice Chairman and currently Caretaker Chairman
- Served as Competition Director for London Men's Open Competition for over 10 years

What I would bring to the Region

- Calm and experienced head Over 30 years of experience in gymnastics as gymnast, coach, judge, administrator and events
- Use my Commercial know how as Head of Marketing, to complement the skill sets required to drive our Region forwards. In doing so, look for new commercial activities.
- A direct approach, but also considerate of others through a common-sense approach to matters. I like to cut to the chase and 'get things done'
- Continue our 'Programme for Change' and more core objectives will be:
 - Modernisation
 - Unification
 - Transparency
 - Accountability
- Focus the Region on 3 core pillars of activity: Regional Competitive Structure, Participation & Performance